

# Need help and don't know where to turn?



FREE • FAST • LOCAL • CONFIDENTIAL • 24/7

211 Metro Chicago connects you to the help you need:

- ✓ Childcare
- ✓ Employment
- ✓ Food Assistance
- ✓ Health Care
- ✓ Housing
- ✓ Legal and Immigration
- ✓ Substance Use
- ✓ Transportation
- ✓ Utilities Assistance

**AND MUCH MORE!**



-  Call **2-1-1** to talk to a local navigator\*
-  Text your zip code to **898211**
-  Visit **211MetroChicago.org** to search or chat

\*Residents may dial 2-1-1 or (773) 362-4401 to get connected to a local Resource Navigator.



211MetroChicago.org



United Way of Metro Chicago