

FREE • FAST • LOCAL • CONFIDENTIAL • 24/7

Need help and don't know where to turn?

 Call **2-1-1**

 Text your zip code to **898211**

 Visit **211MetroChicago.org**



*Residents may dial 2-1-1 or (773) 362-4401 to get connected to a local Resource Navigator.

211 Metro Chicago's local navigators will connect you to the help you need:

- ✓ Childcare
 - ✓ Employment
 - ✓ Food Assistance
 - ✓ Health Care
 - ✓ Housing
 - ✓ Legal and Immigration
 - ✓ Substance Use
 - ✓ Transportation
 - ✓ Utilities Assistance
- AND MUCH MORE!**



211MetroChicago.org



United Way
of Metro Chicago