

No matter the need, help is just a call away!

2-1-1

for everyday crises and needs
such as **food, housing, and
utilities assistance**

3-1-1

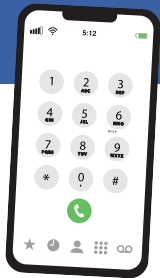
for local community
and **municipal services***

9-8-8

for the **suicide and crisis** lifeline

9-1-1

for an **emergency**



*3-1-1 is not available in all communities. Please contact your local city or village office for municipal or local government services if you do not have access to 3-1-1.

Cook County residents can **NOW** contact 2-1-1 to get connected to health and social service supports, including:

- ✓ Childcare
 - ✓ Employment
 - ✓ Food Assistance
 - ✓ Health Care
 - ✓ Housing
 - ✓ Legal and Immigration
 - ✓ Substance Use
 - ✓ Transportation
 - ✓ Utilities Assistance
- AND MUCH MORE!**



 Call **2-1-1***  Text your zip code to **898211**  Visit **211MetroChicago.org**

*Residents may dial 2-1-1 or **(773) 362-4401** to get connected to a local Resource Navigator.



211MetroChicago.org



United Way
of Metro Chicago